

# P O K Y N Y

## 1. a 2. závodu Českého poháru v Trail-O 2014 a závodu v Tempo JAROZVĚST 2014

**Federation:** Český svaz orientačních sportů

**Organizer:** Sportovní klub vozíčkářů Praha (Prague Wheelchair Sportsclub)

**Categories:** E-Open, E-Junior, E-Para

**Fees:** 200 CZK per person & stage.

**Protests:** In writing to the General Judge under the fee of 200 CZK. Complaints free of charge.

**Officials:** Event Director: Jana Kostová, General Judge: Pavel Kurfürst

### E1 PreO

**Date:** sat 8.3.2014

**Event Centre:** Restaurant Petřín, Jezdecká 6 (very close to the original place mentioned in the invitation)

**Parking:** Jezdecka street

**Registration:** from 12:30 till 14:30 in the event centre, you will receive control cards there

**Distance:** Event centre – start: 200 m

course: 2600 m, elevation 80 m

Finish – Event centre: 600 m

**WC:** accessible toilet available in the event centre in the restaurant

**Start:** 13:00-14:30. There's no particular start list, competitors can start whenever within the set limit. Interval start 1 min.

**Map:** 1:4000, E 2m, ISSOM, author Borovička 2014, size A4, laser print, no waterproof protection (in case of bad weather waterproof cases will be available at the start)

**Specific symbols:** green circle – significant tree, green cross – root stock, blue cross – well, braun cross – small platform, black circle – monument, black cross – playground

**Terrain:** steep slope with a dense network of roads and serpentine slopes  
sandstone rocks, rugged diverse terrain

**Course:** 20 controls, free order, A-Z controls do not have decision points marked

2 time controls at one station behind the finish

**Time limit:** Open and Junior 145 min, Para 170 min

**Punching:** Every competitor uses his own punches. There are no punches at the decision points!

Punches can be borrowed at the start. Assistants will be available en route in steep parts of the course.

**Course setting:** Jiří Fišer, adviser Pavel Kurfürst

**Refreshments:** no refreshments available on the course, restaurant will be open in the Event Centre.

**Jury:** Miroslav Slovák, Miroslav Šimek, Jiří Kalousek

**Results:** Results will be announced immediately when the competition is closed (every category separately)

### E2 PreO

**Date:** Sun 8.3.2014

**Event Centre:** junction of the streets Pozdeňská and Za oborou, close to the south entrance to Hvezda park

N 50°4.67', E 14°20.06'

**Parking:** in the streets Za Oborou, or in Pozdeňska

**Registration:** from 9:00 till 10:00 in the event centre (30 min earlier!) Competitors will receive control cards in the event centre.

**Distance:** event centre – start: 600 m

course: 2100 m, elevation: in the direction of the course 12 m

finish – event centre: 1100 m

**WC:** accessible toilet available in Kaufland Vypich, please park in the underground garage no to t interfere with the Tempo competition area

**Start:** 9:30-10:30 (30 mins earlier) there's no particular start list, competitors can start whenever within the set limit. Interval start 1 min.

**Map:** 1:5000, E 2m, **ISOM!**, author Borovička 2014, size A4, laser print, no waterproof protection (in case of bad weather waterproof cases will be available at the start)

It's permitted to enter paths (symbol 507) only where marked on the map with dashed purple line. All larger routes (paths) are accessible.

**Specific symbols:** green circle – significant tree, green cross – root stock, blue cross – channel, brown cross – small platform, black circle – pillar, black cross – playground, shaft

**Terrain:** foresty park, , flat land, slope running down in to the stream valley

Dense network of quality gravel paths, numerous ground details

Isolated elevation en course, considerable elevation en route back from the finish (finish is located in the lowest point) and when returning against the direction of the course

Assistants will be available in complicated parts of the course.

**Course:** 22 controls, free order, A-Z controls do not have decision points marked

2 time controls behind the finish, one station, time measured separately for each time control. No points to be awarded for time controls, time limit 60 s

**Time limit:** Open and Junior 130 min, Para 150 min

**Punching:** Every competitor uses his own punches. There are no punches at the decision points!

Punches can be borrowed at the start. Assistants will be available en route in steep parts of the course.

**Course setting:** Pavel Kurfürst, adviser Jana Kostřová

**Refreshments:** no refreshments available on the course, nearest refreshments available in Kaufland and Chapadlo restaurant

**Jury:** Bohuslav Hůlka, Tomáš Vaníček, Lenka Forstová

**Results:** results will be announced together with TempO competition (but separately) in the end of the day in the area of Chapadlo restaurant.

### **E3 – tempO**

**Date:** Sun 8.3.2014

**Parking:** underground garage, do not park in the open parking lot above the garage – TempO competition area!

**Event centre:** Kaufland – underground garage and Chapadlo restaurant

Compulsory transfer between garage and restaurant: please use following route to avoid entering TempO competition area:

Wheelchairs: use elevator, across the parking lot towards Chapadlo restaurant.

Others please use underpass, the first staircase left up, keep left and around the building

**Registration:** 12:30 - 14:00 in the event centre, control cards will be available at the event centre

**Distance:** Event centre – start: 0 m

course: 2300 m, elevation 16 m

finish – event centre: 0 m

**WC:** accessible toilet available in Kaufland Vypich, please park in the underground garage not to interfere with TempO competition area.

**Start:** 13:00-14:30 There's no particular start list, competitors can start whenever within the set limit. Interval start min 1 min.

**Map:** 1:3000, E 2m, ISSOM, authors Borovička, Kurfürst 2014

**Specific symbols:** blue cross – channel, black cross – bin for discgolf

**Terrain:** city park, meadows, flat ground, hard gravel paths around asphalt skating track

**Competition system:** competitors need to gather in quarantine area in the event centre (Kaufland, underground garage, Chapadlo restaurant). There will be 6 clusters each with 4 controls. **Penalty: 45 s.** After the completion of final cluster competitors return on their own to the event centre at Chapadlo restaurant, where they return control cards to organizers.

**Course setting:** Pavel Kurfürst, adviser Magdalena Kurfürstová

**Refreshments:** no refreshments on the course available; nearest refreshments available in Kaufland and Chapadlo restaurant (reservation made for us in the restaurant)

**Jury:** Pavel Dudík, Jiří Fišer, Libor Forst

**Results:** results will be announced immediately after the competition is closed.